



Boys & Girls Clubs
of Central Vancouver Island

THE YEAR IN REVIEW

APRIL 2014—MARCH 2015

A GOOD PLACE TO BE



**BOYS AND GIRLS CLUBS OF CENTRAL VANCOUVER ISLAND
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AGM Report 2014

2014 has been a pivotal year for the Boys and Girls Clubs of Central Vancouver Island (BGCCVI). Although it took almost a year, we have finished crafting one of our most important strategic plans ever. We started by reviewing the past twenty years of environmental scans, consultant reports and strategic plans to pull out ongoing themes and issues that had not been addressed over the years. We then used that information to determine which areas to target funds made available by an improved fiscal position. Consequently we have refocused and re-invested our resources into our programs, our buildings and our staff.

Child Poverty

Regrettably, Canada has the second highest level of child poverty in the developed world while BC has the second highest level of child poverty in Canada. If that wasn't bad enough, the Central Vancouver Island region has neighbourhoods that have some of the highest levels of child poverty in British Columbia. These are sobering statistics to be sure. Coupled with the child poverty stats, this region also has a low number of available licensed childcare spaces. Given our clubs see many of these children first-hand and we were developing our strategic plan, it seemed logical that we assess how we can improve our impact on child poverty. It was determined that the best way was by increasing the number of childcare spaces in our region and by developing better ways to put food in the hands of the children and their families.

BGCCVI Strategic Plan

These goals will define the work we do over the next 3 years.

Our Goals

Improve the lives of children living in poverty

Build organizational systems that supports operational excellence and future growth

To create entrepreneurship through social enterprise

Establish or enhance strategic partnerships

Create facilities and infrastructure that improve the lives of children, youth and families in our communities.

BGCCVI Core Programs

Physical Activity, Nutrition & Nature-Based Play

Education Support, Financial Literacy, Functional Literacy

Social & Life Skills,

Creative Arts

Cultural Diversity

Leadership Development & Entrepreneurship

Our core programs were established to bring focus to our work with children based on the challenges children face today. In addition to the issue of child poverty in Nanaimo, the rates of diabetes and obesity are spiraling up. We live in one of the most beautiful places in the world, but our children are losing their connection to nature. Aboriginal people share their beautiful land with us, but we know little about them and other cultures. We also live in a highly competitive global community where traditional employment opportunities are quickly disappearing and changing. In order for our children to have a choice about living here when they become young adults, they will need to learn about entrepreneurship.

Capital Projects

Our capital plan is to improve the appearance of clubs (both the interior and exterior of our existing buildings) and standardize the appearance of new builds so that our clubs are more easily recognized. We are exploring the use of modular design and hope to create a new and inspired “look” to our buildings. After many years of using commercial cleaning companies to clean our buildings, we have hired a Building Service Coordinator. In addition to establishing cleaning programs in all of our clubs, Thomas is in charge of the coordination of repairs and maintenance and assists in the cleaning of our largest facilities. His work will allow program staff to build a stronger sense of pride in their work environment and in the organization.

Fifth Street Club

In 2014 we focused attention on our 5th Street Club in Nanaimo. Sharing space with the Nanaimo Aboriginal Centre (NAC), Mid-Island Metis Nation (MIMN) and School District 84 to house the Nisaika Kum'tuks Learning Centre, we renovated the exterior of our building in the summer. The amount of support we received from the community was outstanding; volunteers from Dulux Paints, Vancouver Island University, TimberWest and more worked to re-paint the building and clad it in beautiful cedar. NAC and MIMN have developed indigenous gardens to help us learn more about aboriginal culture. Lou Gagne, a longstanding Board member and Interior Designer, has worked tirelessly to develop plans and designs for our renovations. We are very excited to implement the final stage of 5th St.'s renovations in 2015.

Chase River

Since 2009 we have made significant capital improvements to our Chase River Club. We are now working with the City of Nanaimo to explore options where BGCCVI could take over ownership of the old fire hall. We are developing a number of acquisition options with the City. We will then hold a number of community meetings to share the options and ask for the community's support to help us with building a new modular building to replace the old fire hall.

Bowen Road – Christ Community Church

The lack of childcare spaces in Nanaimo has led to large waitlists at many of our locations. Coal Tyee and Forest Park in particular are consistently full with as many as 20-30 children on the waitlist. In an effort to alleviate some of the backlog, in January of 2015, we opened a new location at Christ Community Church on Bowen Road, creating 24 new spaces for school-age children which were immediately filled by families on our waitlist.

Administrative Re-organization

For community benefit organizations (or non-profits as they are traditionally called) like BGCCVI to be successful and effective, we need highly skilled professionals in the areas of finance, human resources, technology, communications/marketing/sales, and fundraising. We made significant inroads when we hired a Director of Finance last August. Our financial services are now solid and we can focus on re-building our human resources department. In addition, we were fortunate enough to fill the position of Director of Sales, Marketing and Communication to address long-identified needs in those areas.

Strategically we know that in order to successfully develop a culture that supports innovation and enterprise, we need to take thoughtful steps to orient new hires as well as providing on-going training to our current staff and volunteers.

To increase effective communication with all BGCCVI staff and to foster the development of innovation and enterprise, a new level of leadership was established by creating the position of Area Coordinator. Collectively they identify themselves as the “LEAD” (Leadership Excellence And Development) Team and will be an integral part of our leadership framework.

Changing Roles

In order for BGCCVI to be relevant today and in the future, we are shifting our culture to be customer centric with a focus on performance measures. Making a difference in the lives of the children, youth and families we serve is more important today than ever before.

The way government is involved in the delivery of social services through non-profit organizations is changing. The days of government funding services is fading fast.

Community and family needs continue to grow more complex and expensive to support. Governments (provincial and local) and institutions (health, education and justice) need to work together with community benefit organizations (non-profits) like BGCCVI towards “collective impact”. As a result, the past year has been focused on building formal relationships with municipalities (Ladysmith, Nanaimo, Comox and Cumberland) to focus on areas of common interest.

Partnerships

BGCCVI spent the better part of 2014 working with the Nanaimo Aboriginal Centre (NAC), School District 84 (Gold River) and Mid-Island Metis Nation (MIMN) to establish the first publically funded urban aboriginal school in a Boys and Girls Club. Nisaika Kum’Tuks Learning Centre is a mixed grade school (K to Grade 3) offered at our Fifth St. Club in Nanaimo. Anyone living in Nanaimo-Ladysmith can attend the class, which wraps aboriginal culture and before and after school care around BC education curriculum. The goal of the program is to improve the graduation rates of aboriginal children in Nanaimo-Ladysmith. BGCCVI is also partnering with Loaves and Fishes to provide our children and their families with healthy food.

Summary

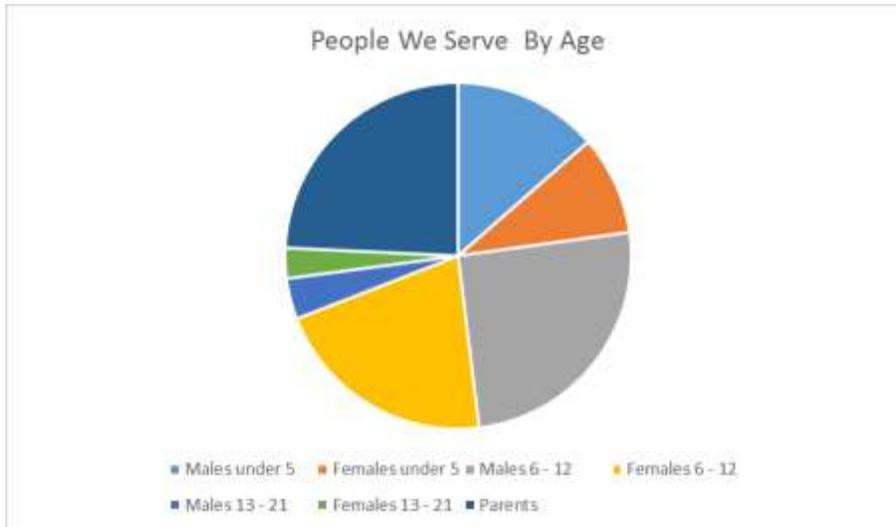
Everything we do at BGCCVI is about relationships. From how our children play with one another to how adults work together to be good teachers and mentors. That is why BGCCVI is committed to the training and development of our staff, volunteers and children. We are excited about the future and the difference we know we can make in the lives of our children and families. The people who work with our children are the most important resource BGCCVI has. We want to thank our staff for their dedication and passion and the families who place such trust and confidence in Boys and Girls Clubs of Central Vancouver Island.



STAFF



BY THE NUMBERS...



916

Families served including

256

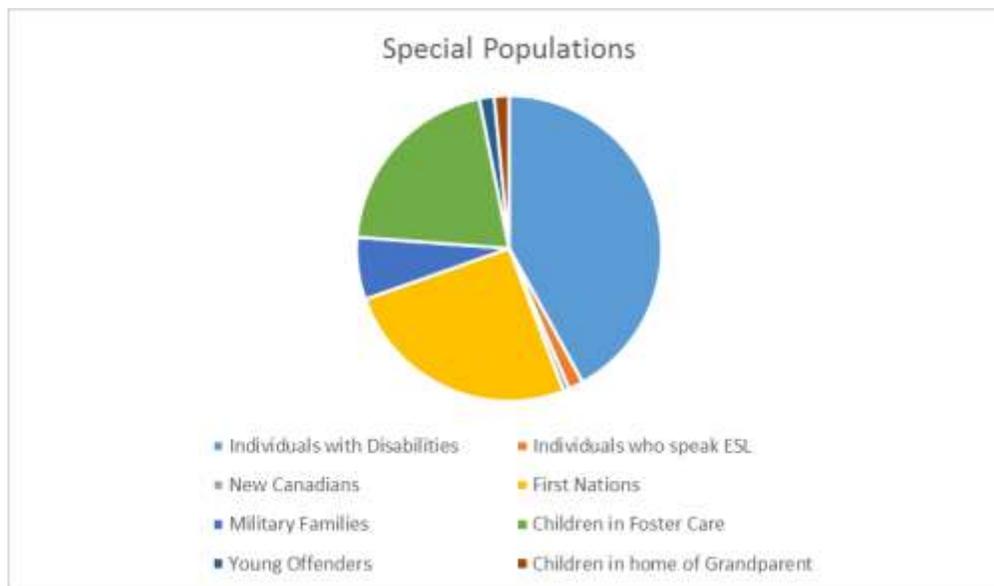
Single Parent Families

1104

Number of meals served

76410

Number of snacks served



BY THE NUMBERS...

Other languages spoken by our families:

First Nations

Korean

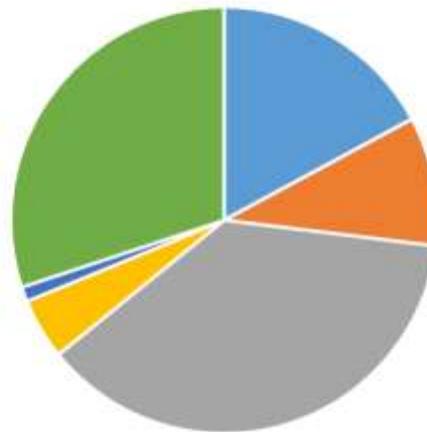
French

Vietnamese

19

Vehicles in our fleet

When Do They Come?



■ Before School ■ During School Hours ■ After School ■ Evenings ■ Weekends ■ Summer

STAFF

140 PART TIME/CASUAL STAFF

40 FULL TIME STAFF

including

144 STAFF BETWEEN THE AGES OF 18 AND 30

VOLUNTEERS

50 volunteers

including 16 youth

3100 hours

COMOX VALLEY

COMMUNITY PARTNERSHIPS:

Over the last year the Comox Valley Programs have seen continued visibility in the community and gained further community support and partnerships. Some of the many community events we took part in were the following:

Shoreline Orthodontic Comox Valley Tri-K – BGCCVI not only attended the event and assisted with the finish line, but also participated and helped facilitate a triathlon club at their Aspen Park Elementary School. A great family event, which sees close to 500 children between the ages of 5-12 participate annually.

Town of Comox, Comox Business in Action (Comox BIA), Comox Rotary and Boys and Girls Clubs met to discuss a joint fundraising effort as part of a bigger project in Comox – the Comox Marina Revitalization Project. The project would entail community groups working alongside the Town of Comox to fundraise with the purpose of recreating a play structure into a new location, and install a water feature. The estimated cost of this project could be between 250K – 400K to complete, and Boys and Girls would be a part of fundraising for this project.

Through a partnership with Comox First Nation provided learning opportunities for our program children by teaching crafts, as well as facilitated story telling.

School District #71 and BGCCVI continue to discuss the feasibility of shared administration space. BGCCVI has also had discussions with the SD#71 architect regarding space requirements. As part of the future plan for the Comox Valley we needed to look at our space and determined that the current administration office on 11th Street was no longer feasible due to the constant upkeep, lack of parking, and overall space. In September of 2014 the location went up for sale and as at May 28, 2015 the building will be officially sold. This will allow the administration staff, along with our parenting program to relocate to a rental which will provide much more flexibility, less upkeep and better parking and will provide us with added flexibility to be able to work towards a shared administration scenario.

Crown Isle Resort and Golf Community and the Mens' Club once again provided free golf lessons over the summer for our children. Over the course of 6 weeks our children were exposed to the game of golf, were provided with instruction once a week and treated to complimentary lunch after each lesson.

Through the partnership with Comox Valley United Soccer our BGCCVI Summer Program hosted two, week-long soccer camps utilizing junior coaches from the soccer club. Each day our program children were provided with two hours of instruction, games, drills and skills to develop their knowledge of the game with the end goal of hosting a game against the staff of BGCCVI on the final day.

Canadian Tire Jumpstart supported BGCCVI to increase our recreational programs through the fall and Spring allowing 60 children to participate in a weekly Skating/Swimming program. In the fall we ran a ten week session and in the Winter/Spring we ran a twenty two week session.

WestJet Cares for Kids program once again supported our Comox Out of School Care Programs by hosting a Christmas party and providing all children with stockings, food, and entertainment. In addition, WestJet purchased interactive games for program, and blenders and a food dehydrator which will be used as part of our Nutrition component of our BGCCVI Core programming.

COMOX VALLEY

WestJet continues to be a huge supporter of Boys and Girls Clubs, participating in both our Golf Tournament and Christmas Gingerbread Village events annually.

Halloween Fest (October 30-31) – Comox BIA hosted the Halloween Fest which BGCCVI participated in. Staffs were onsite providing activities and crafts for the over 500 children and families who attended.

EVENTS:

The 12th Annual BGCCVI Golf Tournament hosted by Crown Isle Golf Resort and Community and supported by Coastal Community Credit Union was again a huge success raising a gross total of over \$38,000. Although it did not gross as high as in the prior year we gained valuable community partners in a very tough economic year. New partnerships include Comox Valley Economic Development, BC Ferries, Investors Group, City, Town and Village representation, along with a strong presence from local Rotary Clubs just to name a few. Proceeds from this event went to CV Programs.

In December with the assistance of Comox Business in Action and Odlum Brown who assisted by facilitating the event, we were the recipients of \$7500 from the proceeds of the 13th Annual Christmas Gingerbread Village.

In addition to our Boys and Girls Club events we had a few local clubs fundraise on our behalf or provide us with a donation to assist with our programs. The Rotary Club of Comox provided a donation to us through their Ducky 500 Club. The Comox Valley United Church Men's Club supported two children going to camp over summer while the CVRD Grant in Aid provided funding for our coaches soccer camps. The Young Professionals – Comox Valley hosted a garden party at Locals. Other community groups that have contributed to us include The Order of the Eastern Star, the Courtenay Elks and Royal Purple the Comox Valley and the Tim Hortons Smile Cookie Campaign.



PARENTS TOGETHER

12

Orientation Sessions

26

New Parents Attending

88

Weekly Meetings

10

Average # of Parents

Per meeting

81

Parents within the Program

80

Additional parents served

458

Volunteer Mentor Hours

PARENTING WORKSHOPS

- The Teen Brain—A Work in Progress
- Understanding Temperament and How It Impacts Relationships
- Connecting Through Communication
- Stepfamilies—Parenting In a Stepfamily
- Making Sense of Stress and Anxiety

62

Total

Participants

PARENTING WITHOUT POWER STRUGGLES

27

Parent Contacts

10

Weekly Meetings

7-12

**Weekly
Participants**

- All participants had children between the ages of 8 and 13
- 100% of parents reported an improved relationship with their child/children
- 100% of parents feel better equipped to tackle their pre-teens challenging behaviours
- 100% of parents feel that PWPS has made a positive difference in their lives

PARENTS IN THE KNOW

11

Parent Contacts

10

Weekly Meetings

3-5

**Weekly
Participants**

Some participant comments:

- “Amazing course. Would take it again and highly recommend it to other parents.”
- “I” am very grateful for these classes. They have made me a better person and parent.”
- “Awesome Experience. Love check-in the best”

CHILD, YOUTH AND FAMILY SERVICES

This October will mark the 6 year anniversary of the Child Youth and Family Services Program. Since the launch of CYFS in October 2009 it has been operating and meeting the needs of children, youth and families who are referred by the Ministry of Children and Families (MCFD) through a closed referral process. Participants in the program are referred by their social worker, child and youth mental health clinician or probation officer. The CYFS program also consists of a Child Youth Special Needs (CYSN) component which receives referrals from MCFD Child Youth with Special Needs social workers.

July 2015 will mark the one year anniversary of the Behavioural Consultant program which provides additional support to the CYSN population and is also referred to by the child and family's CYSN social worker.

Currently the CYFS program consists of 8 employees; CYFS Program Coordinator Corey Sugiyama, Child and Youth Care Workers Sara Day, Trevor Sigmundson, Corey Bullen, Mandy Robinson, Sarah Stuart and AJ MacLeod and Behavioural Consultant Margaret Tutton.

The entire CYFS program including the CYSN stream and behavioural consultant program continues to be well utilized and over the past year have all run at full capacity. The success of the program and the high demand has resulted in an ongoing wait list for admission into all three portions of the program.

While the program provides 1-1 support, the program staff have made considerable effort to organize and arrange social opportunities for the children and youth in the program. This includes pairing up and also creating small and large group activities to help achieve the goals for the individuals involved.

Some highlights of the past year include the following:

4th Annual Bears Baseball Game

The CYFS program again created a team composed of program participants and after more than 8 weeks of practice hosted a game against a team of MCFD social workers. As the annual tradition has grown so has the success and scale of the game. This year saw many family members and caregivers present for the game and all the youth who were part of the team received a shirt and team hat as a keepsake. It should be noted that the CYFS Bears won again maintaining their perfect 4-0 record.

1st Annual Bears Football Game

Using the successful model for baseball we created a Bears football team this year. Composed of both girls and boys between 12-18 years of age the Bears football team had a good mix of individuals. The football team met and practiced for several weeks throughout the fall/winter and participants learned a number of set plays in addition to basic football skills and rules. The season ended with a game against MCFD social workers where the Bears were successful winners of a close fought game. The football team also incorporated the Boys and Girls Clubs of Canada *Flex Your Head* curriculum into the practices and completed a number of group activities aimed at promoting mental health awareness. The curriculum aided awareness and contributed to the team coming together and providing peer support for the participants. As a keepsake the participants in the football team got a football jersey to take home with them.

1st Annual Bears Basketball Game

Using the successful model for baseball the CYFS team also expanded our sports teams to include a Bears basketball team. Similar to baseball and football, this team met regularly for three months working on basketball skills. The group met weekly on Friday afternoons at John Barsby Secondary to work on those skills indoors and ended the three month session with a game between two teams composed of both CYFS participants and staff.

Friday Sports Group

The Friday sports group serves as the foundation for our three CYFS Bears sports teams. The group of youth meet weekly on Friday afternoons at school gymnasiums or outdoor fields depending on the weather and the sport we are participating in at the moment. While individuals in this group change due to their length of time in the program, there always seem to be a good core group and constant leadership developing.

Life Skill Cooking Group

The CYFS program started offering children and youth a group environment to work on life skills and cooking skills. The group ran for approximately three months. Participants were taught budgeting, grocery shopping, cooking skills, nutritional education, hygiene and cleaning techniques in the group. The group setting also allowed for the children and youth to work on their cooperation, communication and interpersonal skills as all of the tasks require group cooperation and collaboration.

Girls Group

A girls group for girls aged 12-16 was established to build a safe environment to discuss women's health, community resources, peer relationships and a number of other hot topics and issues facing the participants in the group. Some activities included recreational self-esteem boosting activities such as rock climbing, self-reflective and body awareness activities such as yoga and goal setting/inspirational activities such as vision boards, art work. The group also allowed for mentorship and peer support networking for the girls participating in the group.

After Care/Mentorship

The after care element of the CYFS program has always existed to allow for a slow transition out of the active portion of the program. More than ever youth who have participated in the CYFS program are being offered opportunities to attend activities and groups as after care participants. As a result these youth are able to access support on an ongoing basis while contributing back to the program as mentors and peer leaders for active members of the CYFS program.



SOUTH SIDE TEEN CENTRE

HIGHLIGHTS:

- Save On Foods Dragonboat Festival
 - Youth Spark Live Microsoft Technology Conference
- Aboriginal Programming including Drumming nights
- VIRT Technology Workshops
 - Camp Old Navy



2 Programs:

- Teen Centre
- Full Throttle Dragonboat Team



2 Staff:

Hayden Johnston
James McCarthy





Number of Youth Served:

37

Community Partners:
Nanaimo Aboriginal Centre
United Way CNVI
Loyal Protestant Association
Province of BC
Vancouver Island Regional Library
Old Navy



OUT OF SCHOOL CARE

11

out of School Care Programs

5

Communities

369

Out of School Care Spaces



80%

of children attending the
new school also attend our
Out of School Program



60

Number of children involved
in our Jays Care Foundation
Rookie Baseball League



OUT OF SCHOOL CARE HIGHLIGHTS

- Aspen Park participated in a Fossil Hunt along side the Trent River with Comox Valley Fossil Adventures. Thanks to Lori and Russell Ball for donating their time!
- The children at Brooklyn Elementary made sock monkeys and donated them to the Comox Valley Transition Society as a gift from kids to kids. They also learned to knit and made scarves for each of the monkeys before they were donated.
- The Lantzville Out of School program received funding to implement the President Choice Charity Basic Needs Brighter Futures program. Children in the program had a great time learning about healthy food through field trips, guest speakers and activities.
- The Forest Park Out of School Care program staff and children fundraised money last summer for a day trip to Vancouver to go to Science World and the Vancouver Aquarium. They had a great time and are still talking about it.
- The Coal Tyee Club created a Travelling Trading Post where they created wallets out of duct tape and sold them to raise money for the SPCA
- With the assistance of a Sears After-School program grant we opened our 12th Out of School Care program in January to meet the needs of families in the area that were sitting for long periods of time on our waitlists. The Bowen Road location is located in Christ Community Church in Nanaimo and is licensed for 24 spaces.
- In September we were excited to welcome Nisaika Kumtuks elementary classroom to our Fifth Street Facility. The classroom became a reality through a partnership with the Nanaimo Aboriginal Centre, Mid Island Metis and School District #84. Approximately 80% of the students also attend our Out of School program.
- Chase River has worked closely with their higher needs children, taking two children from needing full one-on-one support to being able to function independently. As well, they have now hired 5 former Boys and Girls Club members as staff, continuing their “relationship for life” with the Boys and Girls Club!
- Ladysmith staff and children participated in the Festival of Lights parade. Decked out with balloons and glow sticks everyone had a great time. Watch for children from this program during special holidays. They have been known to hand out lucky wishes on Saint Patrick’s Day and flowers during Pink Shirt day.
- Chemainus Out of School Care program received an interior facelift and a new front staircase.

FIFTH STREET RENOVATIONS and NISAIKA KUMTUKS OPENING

Before





EARLY YEARS



84

Early Years Spaces



3

Daycare (3-5) Programs

1

Infant-Toddler Program

1

Pre-School



EARLY YEARS HIGHLIGHTS

BRIGHT ADVENTURES DAYCARE

Bright Adventures has been fortunate enough to spend a lot of time out in the community this past year. Field trips have included: a fire station tour, Buttertubs Marsh, City Bus trips, Vancouver Island Regional Library, Pictures with Santa and Knob Hill Park.

In Partnership with the Nanaimo Aboriginal Centre, the children have increased their learning through Aboriginal Literacy Circles. Bright Adventures will be including an Aboriginal Program within the next year

STATION 4 DAYCARE AND PRESCHOOL

This is the third year that the Chase River Early Years programs have raised baby chicks for a month. They Club gets them at a day old and the children get to take them home every night and on the weekends.

The children helped to create a new natural play space and were involved in everything from cutting the bushes to planting new seeds. They also created a fairy garden that houses fairies from all around the world!

Through the generous donations of Country Grocer in Chase River, the Early Years program received not only a new playhouse but also a full mini grocery store including buggies, signage and shopping baskets.

LADYSMITH EARLY YEARS PROGRAMS

Children from the Ladysmith 3-5 program were thrilled to be able to take a bus down to the Chemainus Theatre and experience a production of Munsch-ercise, based on the stories of Robert Munsch and set in the 1980's!

A day trip to tour Ladysmith Public Works included getting to see some very big machines, the inner workings of the water mains and the children's favourite—a giant mountain of sand!

Both the children and the staff enjoy taking the children to join in with Ladysmith Family and Friends. This Family Resource Program allows children to participate in play and learning stations while strengthening ties within the community.

FAMILY RESOURCE PROGRAMS



- “Excellent program! Excellent Facilitator which makes all the difference in wanting to attend.”
- “A positive environment to spend time with my children”
- “We love the socialization!”

Nutritious Snacks

Visits from Public Health Professionals

Circle Time

I have been coming to this program for 4 years. When I started, I brought both my children 18 months and 3. My daughter is now school age but I still bring my son who has just turned 5. I come because of the socializing for both me and my son. My son has a speech delay which was why we started coming, it was suggested to us to get him around kids his own age and this program has made that possible he is now where he should be with his speech he and I have both made great friends. It's a fun environment to be in and I tell other moms about the program as well.

-Erin C.



PURPLE GIRLZILLAS



3 Staff:

Denise Smith

Michelle Janes

Berkley Winterburn



30 participants
aged 9-13



5 Volunteers
aged 14-15



IN THE COMMUNITY



Nanaimo West Jet
Family Christmas Party



Staff from the Comox Valley, Nanaimo ,
Ladysmith and Chemainus with
Motivational Speaker Keith Pattinson



Jesse speaking at
the United Way Breakfast



Our staff Christine, Heidi and Megan meeting
Anti-Bullying Expert Barbara Coloroso

IN THE COMMUNITY



Staff at our partner organization
Nanaimo Aboriginal Centre



Chase River Staff Christine and Bernie at the
Grand Opening of the Noodlebox Nanaimo



Face Painting by
Chase River staff Michelle



Old Navy supports 2 families for Christmas



Boys & Girls Clubs of Central Vancouver Island

Administration

20 Fifth Street

Nanaimo, BC

V9R 1M7

Comox Valley

Administration

367 11th Street

Courtenay, BC

Aspen Park

2250 Bolt Avenue

Comox, BC

(250) 338-7582

Brooklyn Elementary

1290 Guthrie Road

Comox, BC

(250) 650-1458

Parents Together-Comox

250-338-7141

Parents Together-Nanaimo

250-754-7661

Lantzville

#7-7221 Lantzville Rd.

Lantzville, BC

(250) 390-4001

Forest Park

2050 Latimer Road

Nanaimo, BC

(250) 751-8937

Bowen Road

2221 Bowen Road

Nanaimo, BC

(250) 713-9972

Coal Tye

2280 Sun Valley Dr.

Nanaimo, BC

(250) 616-7681

Fifth Street—20 Fifth Street, Nanaimo, V9R 1M7

Out of School Care

(250) 754-3220

Teen Centre

(250) 754-3215

Bright Adventures

(250) 754-3294

Chase River

1400 Cranberry Ave

Nanaimo, BC

(250) 753-2464

Ladysmith

220 High Street

Ladysmith, BC

(250) 924-2426

Chemainus

3172B Garner Street

Chemainus, BC

(250) 246-5421